# **KUVEMPU UNIVERSITY**

# **DEPARTMENT OF SOCIOLOGY**

New Education Policy-2020

# SYLLABUS FOR THE BACHELOR OF ARTS UNDER GRADUATE

With Effect from the Academic Year 2022-23
Onwards

|          | NEP-2020 - B A., SOCIOLOGY: Model Syllabus - List of Papers |  |         |  |  |  |
|----------|---|--|---------|--|--|--|
| Semester | Paper   | Title of paper   | Credits |  |  |  |
|          | DSC -05   | Social Stratification and Mobility                               | 3       |  |  |  |
| 03       | DSC -06   | Sociology of Urban Life in India                                 | 3       |  |  |  |
|          | OE-03   | 01: Sociology of Tourism and Management / 02: Sociology of Youth | 3       |  |  |  |
|          | DSC -07   | Sociology of Marginalised Groups                                 | 3       |  |  |  |
| 04       | DSC -08   | Population and Society   | 3       |  |  |  |
|          | OE-04   | 01 : Sociology of Leisure /                                      | 3       |  |  |  |
|          |   | 02: Sociology of Food Culture                                    |         |  |  |  |
|          |   | TOTAL  | 18      |  |  |  |

# **Model Curriculum**

| Type of Course | Formative Assessment / IA | Summative<br>Assessment |
|----------------|---------------------------|-------------------------|
| Theory         | 40                        | 60                      |

# **KUVEMPU UNIVERSITY**

**MODEL CURRICULUM - Discipline Core: SOCIOLOGY** 

Year of Implementation: Academic year 2022-23 onwards

| Course Title: Social Stratification and M | e: Social Stratification and Mobility |  |  |  |
|---|---------------------------------------|--|--|--|
| Total Contact Hours: 42                   | Course Credits: 3                     |  |  |  |
| Formative Assessment Marks: 40            | Duration of ESA/Exam: 3 hours         |  |  |  |
| Model Syllabus Authors:                   | Summative Assessment Marks: 60        |  |  |  |

| Content of Course 05: Social Stratification and Mobility   | 42 Hrs |
|--|--------|
| Unit – 1. Stratification - Features and Forms  | 14     |
| <b>Chapter No. 1. Meaning and Definitions</b> of Stratification Basic Characteristics of Stratification.           | 4      |
| of Straumcation.   | 4      |
| <b>Chapter No.2.</b> Forms of Social Stratification – Meaning: Caste, Class, Estate                                | 6      |
| <b>Chapter No.3.</b> Dimensions of Social Stratification - Income, Wealth, Power, Occupational Prestige, Schooling |        |
| Unit – 2. Perspectives on Stratification   | 14     |
| <b>Chapter No. 4.</b> Functional Theory: Kingsley Davis, Perspective& Critique by Melvin M Tumin.                  | 5      |
| Chapter No.5. Karl Marx's Theory: Class and Social Change  | 4      |
| Chapter No.6. Weber's Theory: Class, Status and Power  | 5      |
| Unit – 3. Social Mobility  | 14     |
| Chapter No.7. Meaning of Social Mobility; Forms of Social Mobility:  | 5      |

| Horizontal and Vertical, Intergenerational and Intragenerational Mobility  | 4 |
|--|---|
| Chapter No.8. Role of Education and Profession in the Rise of Middle Class | 5 |
| Chapter No.9. Mobility in Caste in Contemporary India                      |   |

- Dirks, Nicholas B 2001, Castes of Mind: Colonialism and the Making of Modern India, Princeton University Press, Princeton
- Grusky, Nicholas B and Jasmine Hill, 2018 Inequality in the 21<sup>st</sup> Century, Routledge, New York
- Hess, Andreas, 2001, Concepts of Social Stratification, Palgrave, New York
- Jodhka, Surnider S, 2018, Caste in Contemporary India, 2<sup>nd</sup> Edition, Routledge, London
- Sarkar, Sumit and Tanika Sarkar (Eds) 2014, Caste in Modern India, Vol.1, Permanent Black, Ranikhet
- Sharma, K L 2201, Caste, Social Inequality and Mobility in Rural India, Sage, New Delhi
- Tumin, Melvin M Social Stratification, Prentice-Hall India, New Delhi
- Wright, Erik Olin 2000 Class Counts, Cambridge University Press, Cambridge
- ಶಂಕರರಾವ್. ಚನ (2014) ಸಾಮಾಜಿಕಸ್ಕರವಿನ್ಯಾಸಮತ್ತುಚಲನೆ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು
- ಶಂಕರರಾವ್, ಚನ (2015) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- Rao, Shankar C N (2019) Sociology: Principles of Sociology with an Introduction to Social Thought, S Chand and Co, Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| Course Title: Sociology of Urban Li | fe in India                    |
|-------------------------------------|--------------------------------|
| Total Contact Hours: 42             | Course Credits: 3              |
| Formative Assessment Marks: 40      | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:             | Summative Assessment Marks: 60 |

| Content of Course 06: Sociology of Urban Life in India  |    |
|---|----|
| Unit – 1. Introducing Urban Sociology   | 17 |
| <b>Chapter No. 1.</b> Meaning of Urban Sociology and its Importance; a brief history of Urban Sociology in India and World                      | 6  |
| <b>Chapter No.2.</b> Meaning of Urban, Urbanism and the City; Types of City: Metropolitan, Megacity and Global City                             | 6  |
| <b>Chapter No.3.</b> Urbanization and its Challenges: Meaning of Terms: Rural-Urban Continuum, Suburbs, Urban Fringe, Urban Sprawl, Edge Cities | 5  |
| Unit – 2. Perspectives on Urban Society   | 9  |
| Chapter No. 4. Ecological Theory (Chicago School)   | 3  |
| Chapter No.5. World and Global Cities (Saskia Sassen)   | 3  |
| Chapter No.6 Spaces of Flows (Manuel Castells), Cities in the South   | 3  |
| Unit – 3. Urban Policy  | 16 |

| Chapter No.7. Inequalities: Caste, Class, Gated Communities and Social Exclusion                                 | 5 |
|--|---|
| <b>Chapter No.8.</b> Urban Governance: 74th Amendment to the Indian Constitution, Urban Development and Planning | 6 |
| Chapter No.9. Urban Policy: Urbanisation and Environmental Concerns, Smart Cities                                | 5 |

- Flanagan, William G 2010, Urban Sociology: Images and Structures, 5<sup>th</sup> Edition, bowman and Littlefield Publishers Inc, New York
- Gottdiener, Mark H & Others, 2015, The Urban Sociology, Routledge, New York
- Hannigan, John and Grey Richards (Ed) 2017 The Sage Handbook of New Urban Studies, Sage London
- Karp, David A & others, 2015, Being Urban: A Sociology of City Life, 3<sup>rd</sup> Edition, Praeger, California
- LeGates, T R & Frederic Stout (Eds) 2016 The City Reader, 6<sup>th</sup> Edition, Routledge, New York
- Lin, Jan & C Mele (Eds) 2013, The Urban Sociology Reader, Routledge, New York
- Miles, Malcolm & Tim Hall 2004 The City Cultural Reader, 2<sup>nd</sup> Edition, Routledge, New York
- Rao, Shankar (2021) Sociology of Indian Society, S Chand and Co, New Delhi
- ಶಂಕರರಾವ್, ಚ. ನ (೨೦೧೫) ನಗರಸಮಾಜಶಾಸ್ತ್ರ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು
- ಶಂಕರರಾವ್, ಚ. ನ (೨೦೧೫) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು
- ಮುಳುಗುಂದ, ಐ,ಸಿ (೨೦೧೫) ಭಾರತದನಗರಸಮಾಜ, ಸೃಷ್ಟಿಪ್ರಕಾಶನ, ಧಾರವಾಡ

## Suggested Activities: Please refer to the following books

• Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London

- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| Content of OE: Sociology of Tourism and | d Management                   |
|---|--------------------------------|
| Total Contact Hours: 39                 | Course Credits: 3              |
| Formative Assessment Marks: 40          | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:                 | Summative Assessment Marks: 60 |

| Content of OE 03: Sociology of Tourism and Management  |    |  |
|--|----|--|
| Unit – 1. Sociology, Tourism, Tourists   | 14 |  |
| <b>Chapter No. 1.</b> Definitions of Sociology, Culture, Tourism, Tourists, Tourist Guide; Relation between Tourism, Leisure and Recreation; | 5  |  |
| <b>Chapter No.2.</b> Types of Tourism: Cultural, Heritage, Religious, Medical, Food,   | 5  |  |

| Sports, Yoga and Eco Tourism   | 4           |
|--|-------------|
| Chapter No.3. Tourism and Locals; Hosts and Guests: Mutual Impact  |             |
| Unit – 2. Tourism System   | 10          |
| <b>Chapter No. 4.</b> Development and Structure of the Tourist System - Motivation and Role of Tourist   | 3           |
| Chapter No.5. Impact of Tourism on Host Place: Social, Economic, Climate and Environmental   | 4           |
| <b>Chapter No.6.</b> Sustainable Tourism: Definitions of Sustainable and Sustainable Tourism; Sustainability of Tourism  | 3           |
|  |             |
| Unit – 3. Tourism Management   | 15          |
| Unit – 3. Tourism Management  Chapter No.7. Demand for Tourism at Individual and Market level; Tourism Consumer Behaviour: Roles and Decision-Making Process; Role of Intermediaries | <b>15</b> 5 |
| Chapter No.7. Demand for Tourism at Individual and Market level; Tourism Consumer Behaviour: Roles and Decision-Making Process; Role of  |             |

- Burns, Peter M 1999, An Introduction to Tourism and Anthropology, Routledge, London
- Fletcher, John & others, 2018, Tourism: Principles and Practice, 6<sup>th</sup> Edition, Pearson, UK
- Nash, Dennis 2007, The Study of Tourism: Anthropological and Sociological Beginnings, Elsevier, Amsterdam
- Urry, John 1998, The Tourist Gaze: Leisure and Travel in Contemporary Societies, Sage, New Delhi

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi

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| Content of OE : Sociology of Youth |                                |
|------------------------------------|--------------------------------|
| Total Contact Hours: 39            | Course Credits: 3              |
| Formative Assessment Marks: 40     | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:            | Summative Assessment Marks: 60 |

| Content of OE 03: Sociology of Youth   |    |
|--|----|
| Unit – 1. Age Groups and Social Structure  | 13 |
| <b>Chapter No. 1.</b> Age Differentiation, Age Groups. Age Sets; Problem of Generations; Cultural Lag (W F Ogburn); Structural Lag (Riley) | 5  |
| Chapter No.2. Youth Cultures, Subcultures, Counter Culture, Contra Culture   | 4  |
| Chapter No.3. Response of Youth to Caste and Class Inequalities  | 4  |
| Unit – 2. Youth and Society  | 13 |
| Chapter No. 4. Youth, Leisure and Music  | 4  |
| Chapter No.5. Globalisation of Youth Culture; Marketing Youth Culture  | 4  |
| Chapter No.6. Meaning: Youth, Media and Technology   | 5  |
| Unit – 3. Youth and Social Concerns  | 13 |
| Chapter No.7. Youth, Protest and Violence: Social, Political and Economic Issues   | 4  |
| Chapter No.8. Youth, Peer Groups and Drug Culture  | 4  |
| Chapter No.9. Youth, Nationalism and Globalisation   | 5  |

 Dannie Kjeldgaard, Søren Askegaard, The Glocalization of Youth Culture: The Global Youth Segment as Structures of Common Difference, *Journal of Consumer Research*, Volume 33, Issue 2, September 2006, Pages 231–247, <a href="https://doi.org/10.1086/506304">https://doi.org/10.1086/506304</a>

- Edmunds, June; Turner, Bryan S. (2005). "Global Generations: Social Change in the Twentieth Century". *British Journal of Sociology*. 56 (4): 559–577. doi:10.1111/j.1468-4446.2005.00083
- Gangrade, K D 1970, Intergenerational Conflict: A Sociological Study of Indian Youth, Asian Survey, Vol.10, No.10. pp.924-36
- Jeffrey, Craig 2010, Timepass: Youth, class and time among unemployed young men in India, *American Ethnologist*, Vol.37, No.3, pp.465-481
- Katzenstein, Mary F 1977, Mobilisation of Indian Youth in the Shiv Sena, *Pacific Affairs*, Vol.50. No.2, pp.231-248
- Lukose, Ritty 2005, Consuming Globalisation: Youth and Gender in Kerala, India, *Journal of Social History*, Vol.38, No.4, pp.915-935
- Mannheim, Karl (1952)"The Problem of Generations". In Kecskemeti, Paul (ed.). Essays on the Sociology of Knowledge: Collected Works, Volume 5. New York: Routledge. p. 276–322
- Mathur, Charu & others 2014, Change in Tobacco Use Over Time in Urban Indian Youth: The Modernity Role of Socioeconomic Status, *Health*, *Education & Behaviour*, Vol.41, No.2, pp.121-126
- Riley, Matilda White 1987, On the Significance of Age in Sociology, *American Sociological Review*, Vol.52, No.1, pp.1-14

## Suggested Activities: Please refer to the following books

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning,
   2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| Course Title: Sociology of Marginalised Groups |                                |
|--|--------------------------------|
| Total Contact Hours: 42                        | Course Credits: 3              |
| Formative Assessment Marks: 40                 | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:                        | Summative Assessment Marks: 60 |

| Content of Course 07: Sociology of Marginalised Groups   |    |
|--|----|
| Unit – 1. Introduction   | 16 |
| <b>Chapter No. 1.</b> Marginalisation: Meaning and Nature; Types of Marginalisation: Social, Political, Economic                             | 6  |
| <b>Chapter No.2.</b> Causes of Marginalisation; Marginalised Groups: Caste, Gender, People with Disabilities, Minorities, Tribes and Elderly | 5  |
| <b>Chapter No.3.</b> Socio-economic Indices of Marginalisation: Poverty, Educational Backwardness, Inequality and Untouchability             | 5  |
| Unit – 2. Marginalisation and Affirmative Action   | 14 |
| <b>Chapter No. 4.</b> Views of Dr B R Ambedkar and Affirmative Principle in the Constitution of India (Constitutional Provisions)            | 5  |
| <b>Chapter No.5.</b> Scheduled Castes, Scheduled Tribes and Status of Women in these Groups; Status of Transgenders                          |    |
| Chapter No.6. Status of Landless Agricultural Labourers, Status of Land<br>Ownership among Scheduled Caste and Scheduled Tribes              |    |
| Unit – 3. Marginalised Groups and Social Change  | 12 |
| <b>Chapter No.7.</b> Social Mobility among Marginalised Groups: Education, Employment, Political Participation, Conversion, Migration        | 6  |
| <b>Chapter No.8.</b> Challenges of Privatisation and Response by Marginalised Groups   |    |
| Chapter No.9. Social Justice in the context of Globalisation   |    |

- Beteille, Andre 19922, The Backward Classes in Contemporary India, Oxford University Press, Delhi
- Charley, S R and G K Karanth 1998 (Eds) Challenging Untouchability, Sage India, Delhi
- Gore, M S 1993 The Social Context of an Ideology: Ambedkar's Political and Social Thought, Sage, New Delhi
- Judge, Paramjit S (Ed) 2013 Towards Sociology of Dalits, Readings in Indian Sociology -Voume 1, Sage, New Delhi
- Gupta, Dipankar 1991, Social Stratification, Oxford University Press, Delhi
- Jodhka, Surnider S, 2018, Caste in Contemporary India, 2<sup>nd</sup> Edition, Routledge, London
- Omvedt, Gail 2013 Dalits and the Democratic Revolution, Sage, New Delhi
- Singh, K S (1994) The Scheduled Tribes, Oxford University Press, New Delhi
- Rao, Shankar (2021) Sociology of Indian Society, S Chand and Co, New Delhi
- Thorat, Sukhdeo 2009 Dalits in India, Sage, New Delhi
- Thorat, Sukhdeo and Katherine Newman 2009 Blocked by Caste: Economic Discrimination in Modern India, Oxford University Press, New Delhi
- ಗುರುಲಿಂಗಯ್ಯ, ಎಂ (೨೦೧೬) ಅಂಚಿನಗುಂಪುಗಳಸಮಾಜಶಾಸ್ತ್ರ, ದೀವಿತಪ್ರಕಾಶನ, ತುಮಕೂರು
- ಶಂಕರರಾವ್, ಚನ (೨೦೧೬) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| <b>Course Title: Population and Society</b> |                                |
|---|--------------------------------|
| Total Contact Hours: 42                     | Course Credits: 3              |
| Formative Assessment Marks: 40              | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:                     | Summative Assessment Marks: 60 |

| Content of Course 08: Population and Society  | 42 Hrs |
|---|--------|
| Unit – 1. Introduction  | 14     |
| Chapter No. 1. Meaning and Definitions of Population, Relationship between  | 4      |
| Society and Population  | 5      |
| <b>Chapter No.2.</b> Global Population Trends: Role of Fertility, Mortality and Migration; Power of Doubling                | _      |
| <b>Chapter No.3.</b> Age and Sex Composition in India and its Impact; Demographic Dividend                                  | 5      |
| Unit – 2. Sources of Demographic Data   | 14     |
| Chapter No. 4. Population Census: Uses and Limitations; Indian Censuses   | 6      |
| Chapter No.5. Vital Registration System   | 4      |
| <b>Chapter No.6.</b> National Sample Survey; Sample Registration System; National Family Health Surveys (NFHS)              | 4      |
| Unit – 3. Population Theories and Policy  | 14     |
| <b>Chapter No.7.</b> Population Theories: Malthusian Theory, Optimum Theory of Population and Demographic Transition Theory | 6      |
|   | 4      |

**Chapter No.8.** Need of Population Policy; Millennium Development Goals and Sustainable Development Goals

4

Chapter No.9.; Population Policy of India; Programmes and their Evaluation

#### **Reference Books**

- Agarwal, S.N. (1989) Population Studies with Special Reference to India. New Delhi, Lok Surject Publication.
- Ahuja, Ram. (1992) Social problems in India. Jaipur, Rawat Publications.
- Bhende, A. A., and Kanitkar, T. (2019) Principles of population studies. Bombay, Himalaya Pub. House.
- Bogue, D. J. (1969) Principles of demography. New York: Wiley.
- Bose, Ashish (1991) Demographic Diversity in India, B.R. Publishing Corporation Delhi
- Bose, Ashish. 2001. Population of India, 2001 Census Results and Methodology, B.R. Publishing Corporation. Delhi.
- Census of India Report, GOI, New Delhi.
- Kingsley Davis. (1951) The Population of India and Pakistan. Princeton, N. J.: Princeton Univ. Press.
- Kirk, Dudley. 1968. 'The Field of Demography', in Sills, David. ed. International Encyclopaedia of the Social Sciences. The Free Press and Macmillan. New York.
- Rao, Shankar (2021) Sociology of Indian Society, 16<sup>th</sup> Reprint, S Chand and Co, New Delhi
- Visaria, Pravin and Visaria, Leela. 2003. 'India's Population: Its Growth and Key Characteristics', in Das, V. ed. The Oxford India Companion to Sociology and Social Anthropology. Oxford University Press. Delhi.
- ರಾಜಶೇಖರ, ಎಸ್ (೨೦೧೩) ಜನಸಂಖ್ಯಾಶಾಸ್ತ್ರ, ಮೈಸೂರುಬುಕ್ಹೌಸ್, ಮೈಸೂರು
- ಶಂಕರರಾವ್, ಚನ (೨೦೧೬) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

## Suggested Activities: Please refer to the following books

• Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London

- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| Course Title of OE : Sociology of Leisure |                                |
|---|--------------------------------|
| Total Contact Hours: 39                   | Course Credits: 3              |
| Formative Assessment Marks: 40            | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:                   | Summative Assessment Marks: 60 |

| Content of OE 04: Sociology of Leisure   |    |
|--|----|
| Unit – 1. Introduction   | 13 |
| <b>Chapter No. 1.</b> Definition of Leisure and its Attributes; Need for the study of Leisure as Social Activity | 4  |
| <b>Chapter No.2.</b> Leisure, Recreation, Play, Pleasure and Leisure Identity; Leisure, Work and Post work       | 4  |
| Chapter No.3. Types of Leisure: Serious, Casual, Postmodern, Therapeutic   | 5  |
| Unit – 2. Constraints on Leisure Participation   | 13 |

| Chapter No. 4. Class Inequality and Exclusion from Leisure Participation  | 4 |
|---|---|
| <b>Chapter No.5.</b> Leisure Participation and Gender Relations - Leisure and Beauty System   |   |
| Chapter No.6. Leisure Participation, Age and Disability   | 5 |
| Unit – 3. Commodification of Leisure  |   |
| Chapter No.7. Cinemas, OTTs and Reality T V   | 4 |
| Chapter No.8. Leisure and Sports - Adding Leisure Value like branded goods (Sony Walkman, iPod, Nike, Coke etc.); Malls as areas of Leisure |   |
| Chapter No.9. Social Media as Leisure Activity - Role in Identity Building  |   |

- Best, Shaun 2010, Leisure Studies: Themes and Perspectives, Sage, New Delhi
- Harris, David 2005, Key Concepts in Leisure Studies, Sage, New Delhi
- Rojek, Chris 2000 Leisure and Culture, Palgrame Macmillan, New York
- Rojek, Chris and others 2006, A Handbook of Leisure Studies, Palgrave Macmillan, New York
- Spracklen, Karl 2015 Digital Leisure, the Internet and Popular Culture, Palgrave Macmillan, New York

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

| Course Title of OE: Sociology of Food Culture |                                |
|---|--------------------------------|
| Total Contact Hours: 39                       | Course Credits: 3              |
| Formative Assessment Marks: 40                | Duration of ESA/Exam: 3 hours  |
| Model Syllabus Authors:                       | Summative Assessment Marks: 60 |

| Content of OE 04: Sociology of Food Culture |    |
|---|----|
| Unit – 1. Introduction                      | 13 |

| <b>Chapter No. 1.</b> Sociological Nature of Food and Eating; Sacred and Taboo Foods; Food, Sociality and Social Change  | 5  |
|--|----|
| <b>Chapter No.2.</b> Determinants of Food Consumption - Types of Food: Vegetarian, Non-vegetarian, Vegan and Flexitarian | 4  |
| Chapter No.3. Local Food Cultures and Taste for Exotic   | 4  |
| Unit – 2. Food from Domestic to Industry   | 13 |
| Chapter No. 4. Industrialization of Food Production and Distribution   | 5  |
| Chapter No.5. Hotels, Restaurants and Catering Sector  | 4  |
| Chapter No.6. Cooking as duty and cooking for self-pleasure  | 4  |
| Unit – 3. Food and Risk Society  | 13 |
| Chapter No.7. Diet and Body: Social Appearance and Beauty  | 4  |
| <b>Chapter No.8.</b> Global Overview: Consumption: Patterns and Reasons; Overeating, Under-eating and Hunger             | 4  |
| <b>Chapter No.9.</b> GM Foods, Organic Foods and Modern Food Practices as Risk Factor                                    | 5  |

- Beardsworth, Alan and Teresa Keil, 1997, Sociology on the Menu: An invitation to the study of food and society, Routledge, London
- Beck, Ulrich 1992, Risk Society: Towards a New Modernity, Sage Publications
- Carolan, Michael, 2012, The Sociology of Food and Agriculture, Routledge, London
- Food Marketing to Children and Youth, 2006, Institute of Medicine, USA
- German, John and Lauren Williams (Eds) 2017, A Sociology of Food and Nutrition: The social appetite, Oxford University Press, Australia
- McIntosh, Wm. Alex, 1996, Sociologies of Food and Nutrition, Springer, New York
- Murcott, Anne (Ed) 1983, The Sociology of Food and Eating, Digitised by Google

- Poulain, Jean-Pierrre, 2017, The Sociology of Food: eating and the place of food in society, Tr by Augusta Dorr, Bloomsbury, UK
- Rastogi, Sanjeev (Ed) 2014, Ayurvedic Science of Food and Nutrition, Springer, New York

- Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London
- McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2<sup>nd</sup> Edition, Pine Forge Press, New Delhi
- White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi